## Troop 1 Stow Fall Gear List

## GEAR LIST NOTES TO SELF!

Back Pack	* Check flashliht batteries before leaving
• Sleeping Bag (30 degree or less)	* If you dress in layers then you may stay warmer
<ul> <li>Sleeping Pad</li> </ul>	
Ground cloth	
• Long Pants	
<ul> <li>Long Sleeve Shirt</li> </ul>	
<ul> <li>Short Sleeve Shirt</li> </ul>	
<ul> <li>Fleece/Winter Jacket</li> </ul>	
<ul> <li>Underwear/socks</li> </ul>	
• Thermals	
<ul> <li>Shorts (Optional)</li> </ul>	
• Winter Hat	
<ul> <li>Warm Gloves/mittens</li> </ul>	
Rain Gear	
Gaiters (Optional)	
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<ul> <li>Water Bottle (Fill at Home)</li> </ul>	
<ul> <li>Personal First Aid Kit</li> </ul>	
• Whistle	
<ul> <li>Flashlight (Check Batteries)</li> </ul>	
• Compass	
• 50' Small Dia. Rope	
<ul> <li>Mess Kit (Dish, Cup, Silverware)</li> </ul>	
Wash Kit (Including Towel)	
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<ul> <li>Hiking Shoes</li> </ul>	
Spare Shoes	
( If hiking in sneakers)	
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OPTIONAL EXTRAS	
Camera	