TROOP 1 STOW
White Mountains NH
Gear List

GEAR LIST

NOTES TO SELF!

- Back Pack/Duffle Bag
- Sleeping Bag (30 degree or less)
- Sleeping Pad
- Ground Cloth

LAYERS

- Long Pants
- Long Sleeve Shirt
- Short Sleeve Shirt
- Fleece/Winter Jacket
- Underwear/socks
- Thermals
- Shorts (Optional)
- Winter Hat
- Warm Gloves/mittens
- Rain Gear
- Gaiters (Optional)

- Water Bottle (Fill at Home)
- Personal First Aid Kit
- 50' Small Dia Rope
- Whistle
- Flashlight (Check Batteries)
- Pocket Knife

- Mess Kit (Dish, Cup, Silverware)
- Wash Kit (Including Towel)
- Daypack/waist pack
- Hiking Shoes
- Spare Shoes

(If hiking in sneakers)

- *OPTIONAL EXTRAS*

Camera

Compass

Mt Guide